

## Self –Assessment Quiz

Want to know what career options suit you best? Take this short quiz and discover some possibilities that are a good fit with your personality, interests and style. For each of the following questions, circle the response that best represents you.

1. My ideal work environment would be:

- In an office with a desk and an computer
- In a studio surrounded by creative people
- Working with my hands, making, repairing or building something
- Surrounded by large machines and new technology
- In a laboratory where I can experiment and create

2. If I worked in a mall, I would most likely be:

- Working and the trendy store setting up edgy and interesting window displays
- Working at the information kiosk answering questions and helping visitors
- Working behind in the administrative office making sure the tenants are looked after
- Looking after the mall facilities, making sure everything is always in working order
- Adapting travelling displays and kiosks to fit my mall

3. If I did volunteer work, I would most likely help out by:

- Working with an environmental group to clean up the local park
- Plan social events at a community centre
- Build playground equipment for local kids
- Manage all the volunteers for a community event
- Re-organizing the filing systems so the office would run more efficiently

4. When I use the computer, you will most likely find me:

- Chatting with my friends online, making plans and arranging weekend plans
- Re-organizing my homepage, adding applications to Facebook or blogging
- Thinking about hardware and software applications to make my computer work better
- Doing research for school or personal projects
- Thoroughly working through the task I went on the computer to do

5. The first thing I do when I buy a gadget is:

- Read the manual front to back before turning it on
- Go on the net to see the fun cross- promotional freebies and ad campaigns
- Think about how it could have been designed better
- Show it to my friends who have the same one and ask what they do with theirs
- Plug it in and figure it out

6. If I had the chance to build my own house I would be most interested in:

- Decorating it after it is finished
- Managing the job site – making sure all the work is getting done safely and on time
- Designing the house and/or garden
- Building the house
- Compare the costs of the materials and builders so I could get the best price

7. I would really like to job where I can:

- Help people lead healthier lives
- Ensure the business is well managed
- Be creative and expressive
- Become a technical expert
- Manage and support my co-workers

8. When you think about post-secondary education, are you at or planning to:

- Attend a community college
- Attend university
- Take post graduate studies
- Study a trade or take an apprenticeship program
- Go directly from school to work

9. The kind of show I prefer to watch most on TV is:

- Comedy shows set in an office
- Documentaries and nature programs
- The hot new drama with the trendy actors
- Instructional shows that show you how to do things yourself
- A show that focuses on relationships between people

10. When I eat dinner, I think:

- About all the great tasting food on the plate
- Who cares, food is just something that fills me up
- Where does it all come from and how is it made?
- About nutrition because I like to eat food that is good for me

To get your results, please visit [www.tasteyourfuture.ca](http://www.tasteyourfuture.ca) and learn about the wide range of careers waiting for you in the food and beverage processing industry!